WAC 110-305-6175 Using alternate methods before using physical **restraint**. (1) Program staff must be trained on alternate methods to use before using physical restraint.

(2) Before using physical restraint, the licensee and program staff must first use other methods described in WAC 170-297-6075 to redirect or de-escalate a situation.

[WSR 18-14-078, recodified as § 110-305-6175, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapter 43.215 RCW. WSR 12-23-057, § 170-297-6175, filed 11/19/12, effective 12/20/12.]